



PARKINSON DISEASE

VIRTUAL PUBLIC FORUM 2020

Move it, Feel it, Living with Parkinson

21 November 2020 (Saturday)
8.30am to 12.30pm

Three out of every thousand individuals, aged 50 years and above, have Parkinson Disease. Whether you have Parkinson, care for someone with the condition or are interested to find out more, you are welcome to join us at this virtual public forum, jointly organised by the National Neuroscience Institute and Singapore General Hospital.

TOPICS

- What you need to know about Parkinson
- Eating safely and communicating well
- Moving well, keeping fit
- Coping with Parkinson and mental wellness
- Living well with leisure activities
- Community-based care by Parkinson Society Singapore
- Research update on stem cell in Parkinson
- Brain Donation – Your gift to future generations

This is a virtual public forum conducted via Zoom.

REGISTER NOW!

Register for this **free** public forum! Visit <https://www.nni.com.sg/events/patient-care/pdpf2020> or scan the QR code for details.



ENQUIRY

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